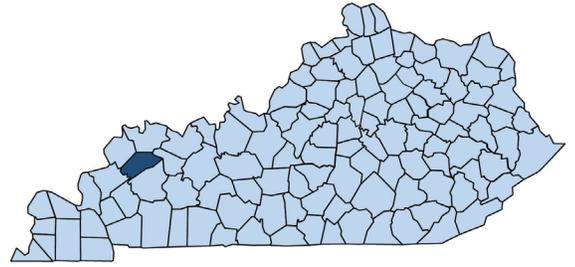


REPORT TO THE PEOPLE



Webster County 2021



DID YOU KNOW... Webster County 4-H is the first Kentucky team to win the National Lifeskills competition



Website: ces.ca.uky.edu/webster



Facebook: @webstercountyextension

For More Information, Please Contact us at:

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4-H Youth Development



Webster County 4-H Lifesmarts team named national champs.

511

Number of youth who reported that they followed instructions step-by-step to do or make things themselves

110

Number of youth who indicate they are connected to caring adults who are interested in their success

Agriculture and Natural Resources

The Webster County Agriculture Development Council has offered the Youth Agricultural Incentives Program for the past three years. The program encourages youth to engage in and explore agricultural opportunities. Applicants must have parental consent and participate in a mentorship program.

The Webster County ANR agent has served as a mentor and worked with students in all aspects of their project and provided research-based educational opportunities to help them succeed. As a direct result of this program, youth participants have started their own cattle operations and expanded a KY Proud bakery business. Since participating in this program, a Webster County high school student has established a veterinarian-client relationship with a local veterinarian, implemented a vaccination program, keeps production records and markets and sells her calves in the Green River CPH sale.

In 2021 A group of Webster County 4-Hers™ took top honors at the 2021 National LifeSmarts Championship, becoming the first Kentucky 4-H team to do so. To make it to the championship round, students had to create an infographic, participate in a team activity and answer quick-recall style challenge questions. As national champions, each 4-H'er on the Webster County team received \$1,500 in scholarship money, a total of \$7,500.

The Webster County youth who participated in the LifeSmarts program used critical thinking skills, introduced to new experiences, and allowed them to forge new friendships with students from across the country. One Lifesmarts member stated "LifeSmarts has taught me the practical skills that every adult truly needs to know, from how to file taxes to how to test a smoke alarm. I have learned skills that will carry throughout my life."



Gracie Olson, Webster County High School student, started her own cattle herd with youth cost-share opportunities.

183

Number of youth who understands the role of agriculture in the production of food and fiber

11

Number of producers who reported improved record keeping practices as a result of Extension programs

Family and Consumer Sciences



4-H agent, Wade Raymer, teaching Clay Elementary 6th graders how to prepare a raised garden bed.

50

Number of children grades 3-5 who report eating vegetables

15

Number of people that reported eating more of healthy foods

NUTRITION EDUCATION

Prior to the COVID-19 pandemic according to 2019 data from the Feeding America website, one in seven Kentuckians were food insecure and those aged 50-59 had the highest rate of food insecurity in the nation. During the pandemic, demand on food banks significantly increased as families faced layoffs and cutbacks at work. In response, during the 2020-2021 program year, 78% of SNAP-Ed and EFNEP Nutrition Education Program (NEP) Assistants reported partnering with local food banks to share recipes, newsletters and other materials and resources in food boxes. One SNAP-Ed Assistant reported delivering 100 Emergency Food Assistance cookbooks, 1,250 healthy and easy recipes, 300 Seasoned newsletters and 200 Healthy at Home newsletters to a local food pantry. A recipient said, "I was so happy to see recipes in my food box. Sometimes it's hard to think of ways to use some things you receive. These recipes will help me prepare healthier meals when feeding my family. Thank you." By partnering with food banks, NEP was able to reach hundreds of families throughout Kentucky.

Webster County Cooperative Extension partnered with the conservation district and started the "Outdoor Environmental Lab" at each Webster County Elementary School. Students learned about soils, plants, gardening and nutrition while reinforcing basic skills in math, reading and writing. During such a trying year for students, there was a need to offer a program that was both educational and fun.

This program allowed students from two elementary schools to learn how to plant different vegetables and flowers and how to continue to care for them after they are planted. They also learned how to work together to complete the task. The program consisted of two in-person sessions. During the first session the students cleaned out the raised beds and filled the beds with the needed garden soil mixture. The students planted different vegetables and flowers that attract butterflies in the 2nd session.



NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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