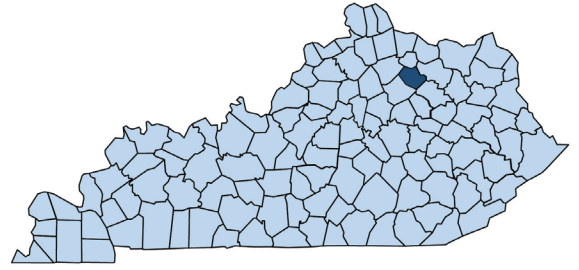


REPORT TO THE PEOPLE



Nicholas County 2021



DID YOU KNOW...

74% of the land in Nicholas County is farmland.



Website: <https://nicholas.ca.uky.edu/>



Facebook: Nicholas County Cooperative Extension

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Agriculture and Natural Resources



On farm fencing

150

Number of individuals who applied Extension recommendations for soil fertility

28

Number for producers who adopted best practices to improve or maintain animal nutrition by forage testing and using analysis to develop supplement program, using body conditioning scores of cows to adjust supplement programs, use a complete mineral supplement or work with an agent or nutritionist to develop feed rations

4-H Youth Development

The presence of life skill development and camp magic was certainly missing in 2020. With Nicholas County having North Central 4-H Camp right in the county, it is a summer tradition attended by many youth and looked forward to by adult volunteers. Attendance has been growing well in the county prior to 2020 with numbers increasing in large increments such as taking 30 more campers in 2019 than 2018. With the opportunity to return to camp July 5th - 8th the Extension Office started marketing camp and spreading the word that we would be returning this year.

We were so proud to fill our portion of camp with a total of 63 in attendance including 47 campers and 8 adult volunteers. While things may have not looked as the normally do, youth still gained immense team building skills (even staying 6 feet apart), grew personally through gained independence and had a week during the summer they will never forget.

The Nicholas County Extension Office assists with facilitation of the KADF County Agriculture Investment Program (CAIP). The program is administered on a 75/25 basis with up to \$3,000 to each approved producer. In 2020, \$252,000 was used by over 75 producers for on-farm projects. Producers have the ability to purchase equipment, build permanent structures and improve genetics on their operations.

Completed projects have allowed producers to be more efficient and increase profit on their farm. A required educational component has encouraged producers to utilize the Extension Service and other educational opportunities.

Over time, this program has allowed producers to implement new strategies to replace income loss from production of tobacco, and improve and diversify their operations in order to continue farming.



4-H Camp 2021

48

Number of youth who gained an understanding of the role of agriculture in the production of food, fiber, and wood products

51

Number of youth who received education related to diversity and inclusivity

Family and Consumer Sciences



Awards at the 2021 Homemaker Annual Meeting

22 Number of individuals who reported improved knowledge, opinions, skills, or aspirations regarding the safe storage, handling, preparation and/or preservation of food

7 Number of Extension empowered individuals engaged in coalitions or organizations to address a significant community issue

NUTRITION EDUCATION

Prior to the COVID-19 pandemic according to 2019 data from the Feeding America website, one in seven Kentuckians were food insecure and those aged 50-59 had the highest rate of food insecurity in the nation. During the pandemic, demand on food banks significantly increased as families faced layoffs and cutbacks at work. In response, during the 2020-2021 program year, 78% of SNAP-Ed and EFNEP Nutrition Education Program (NEP) Assistants reported partnering with local food banks to share recipes, newsletters and other materials and resources in food boxes. One SNAP-Ed Assistant reported delivering 100 Emergency Food Assistance cookbooks, 1,250 healthy and easy recipes, 300 Seasoned newsletters and 200 Healthy at Home newsletters to a local food pantry. A recipient said, "I was so happy to see recipes in my food box. Sometimes it's hard to think of ways to use some things you receive. These recipes will help me prepare healthier meals when feeding my family. Thank you." By partnering with food banks, NEP was able to reach hundreds of families throughout Kentucky.

The Nicholas County Homemaker Annual Meeting has a long tradition in the county. Each year members from across the county come together to celebrate accomplishments and enjoy the company of one another. This Annual Meeting was special this year in regards to it helping the community.

A motion was made to donate all funds raised from the annual auction to the flood relief fund established after the devastating flood event that occurred in late August. \$500 was raised and the Homemakers donated this money to the fund set up at City National Bank to help those in need the most.



NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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