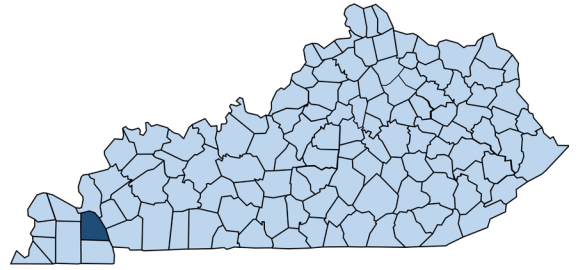


# REPORT TO THE PEOPLE



## Marshall County 2021



**DID YOU KNOW...** Marshall County is named after John Marshall, a chief justice of U.S. Supreme Court from 1801-1835.



**Website:** [Marshall.ca.uky.edu](http://Marshall.ca.uky.edu)



**Facebook:** Marshall County Cooperative Extension



**Instagram:** @Marshall\_KY\_4H



**YouTube:** Marshall County Agriculture and Natural Resources

**For More Information, Please Contact us at:**

**Marshall County Extension Office • 270-527-3285 • [Marshall@ext.uky.edu](mailto:Marshall@ext.uky.edu)  
1933 Mayfield Highway, Benton, KY 42025**

## 4-H Youth Development



New friends and fun in Virtual 4-H

**66** Number of youth who participated in day or overnight, 4-H non-environmental camps at your office, 4-H camp facility, or other location

**176** Number of youth who were educated on health and well-being through 4-H programs (KOSA)

## Agriculture and Natural Resources

It is no secret that the pandemic increased interest in home gardening. To meet this demand, ANR Agent, Nikki Rhein, decided to offer “free gardening grab bags.” The bags included publications, seeds, guides, tools, cooking utensils and recipes specific to the types of seeds in the bag. The participating family’s completed surveys about their experience, as well as, their observed health and financial benefits. The results indicated that 29 new families were introduced to vegetable gardening, 102 seasoned gardeners increased their gardening knowledge, 57 families indicated the bags increased their confidence in making gardening decisions, 50 increased physical activity, 48 prepared healthier meals because of the yields from their grab bag gardens and 54 families reduced their grocery bills. This success encourages Nikki to offer additional non-traditional programs in the future.

Marshall County positive and constructive opportunities to develop leadership, communication, and life skills! In response to the pandemic, our 4-H programs moved to virtual opportunities wherever possible. This allowed programming to reach past and new youth in Marshall County 4-H. Programs were Summer 2020 Project Kits that combined Elementary and Teen-Middle 4-H Clubs monthly meetings and activities, as well as the 16th Annual 4-H Holiday Workshop; special 4-H project clubs including STEM and Cloverbud (K-3); and 4-H Family STEM Challenge. The 4-H Health Rocks! Workshop was held for Scouts to earn one of their badges.

Marshall 4-Hers joined state programs like posSTEMbilities, Cooking with Chef T, Bake-A-Long, Winter Naturalists, Virtual 4-H Summit, and 4-H Leadership Boot Camp. Marshall County 4-H embraced virtual programming to open a whole new world of possibilities.

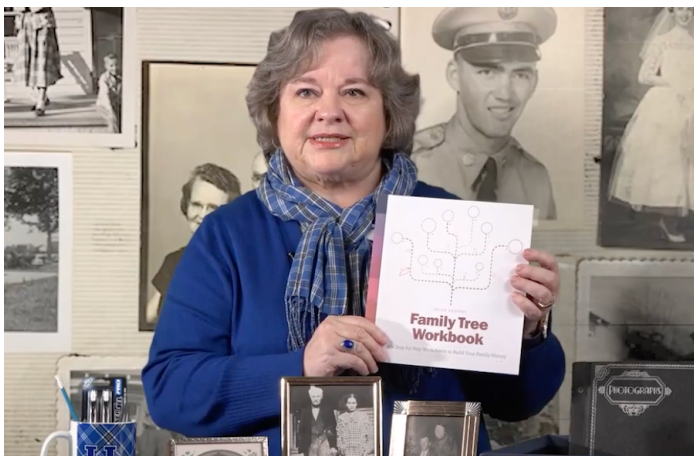


Grab N Go Bags

**2968** Number of people who gained knowledge in consumer and home horticulture: native plants, disease and pests, composting, site analysis, and proper maintenance

**71** Number of individuals who reported eating more healthy foods

## Family and Consumer Sciences



Extension help give participants resources to research family.

**6200** Number of hours KEHA members volunteered for Extension activities and events

**312** Number of individuals reporting an increase in awareness of local food systems

As Family & Consumer Sciences ‘first responders’, varied delivery methods were required to reach traditional participants and new Extension users during the 2020 Pandemic. ‘Lifelong Learning Series’ materials were distributed in the Purchase area by mail, email, and video segments with lessons about exercise, genealogy, mental health, and addiction. Reach included 20,200 through social media platforms such as YouTube and Facebook, as well as 667 email subscribers and 16,000 viewers through local cable access. Participants responded via mail and online feedback related to topics such as health benefits of certain foods and physical activity and utilizing Extension resources to research family roots. Remarks included: “Thank you for continuing programs amid the COVID crisis,” and “Thanks for giving us inspiring lessons in this Pandemic time.” These methods of reaching Extension clientele have proven to assist future life-long learning.

## Community Economic Development



Community expands art district.

**61** Number of businesses reached through Extension programming

**64** Number of volunteer hours spent planning and implementing creative placemaking initiatives

Visits to Marshall County were conducted by ‘First Impressions’ team members in summer and fall of 2019. Results were compiled and presented to the Family & Consumer Sciences (FCS) agent in August 2020 so recommendations could be shared with local groups. The finished assessment revealed three areas where future improvements would be beneficial. Suggestions included: 1) identify an artistic identity that is representative of the community and connect it to community engagement; 2) develop consistency standards for downtown that would convey a stronger identity and brand, and 3) address pedestrian and vehicle traffic in Benton. The FCS agent attended Benton Partnership meetings related to infrastructure improvements and shared the assessment with stakeholders. In response to one of the recommendations, fund-raising has begun to expand the arts district in the community.

# NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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*... just a few ways Extension supports Kentucky*

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

## COOPERATIVE EXTENSION



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