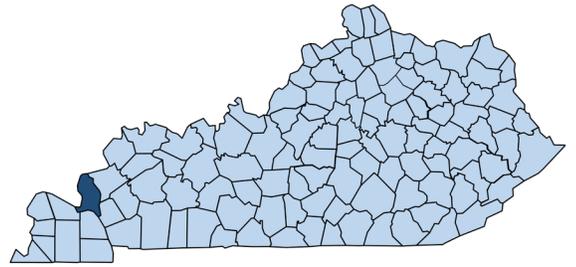


REPORT TO THE PEOPLE



Livingston County 2021



DID YOU KNOW...

Livingston County Extension has thriving quilting and sewing clubs



Website: livingston.ca.uky.edu



Facebook: @LivingstonCountyExtension



YouTube: @Livingston County Cooperative Extension

For More Information, Please Contact us at:

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Community Economic Development



Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime

28

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H natural resource programming

48

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H agriculture programming

Agriculture and Natural Resources

Livingston County ANR partnered with the Livingston County judge executive, Helping Hands Food Bank, and other community entities to participate in the USDA's excess food giveaway program. We were able to obtain 2,808 boxes of food, totaling \$112,179.60 and were able to serve over 2,000 families in our community.

This program worked to alleviate food insecurity in our community due to the COVID-19 Pandemic. This was a county wide effort made by Extension, Schools in our county, FFA, 4-H, local officials and businesses.

In June of this year, Livingston County Extension Agents for 4-H and ANR, work together to provide a fishing class at the West Kentucky 4-H Camp. Over the course of the camping week, over three hundred youth were able to learn the fundamentals of fishing, and have a great time doing so.

Two weeks following camp a Facebook post was made by parents of a youth taught to fish during our camping week described how pleasantly surprised she was that her son now loved the outdoors and had taken up fishing. She stated her whole family was now spending time together outdoors and fishing as a family, all thanks to programming that was provided through this class at 4-H Camp.



Community members giving a Helping Hand

500

Number of people impacted by Advisory Councils, community organizations, and other volunteers including County Ag Investment Program (CAIP), Chamber of Commerce Ag Committee, farm bureau, county fairs, festivals, etc.

557

Number of people who attended training on food safety, food handling, food processing, liability, and/or marketing. This includes: PBPT, GAP certification, Farmers Market samples, ...)

4-H Youth Development



County Attorney Allen Wilson providing guidance to participants

88

Number of students that completed the Truth and Consequences: The Choice is Yours Program

25

Number of community partners that have gained awareness of the problem and impacts of substance use in the community as a result of Extension efforts

Livingston County 4-H partnered with Cardinal Connection and the Livingston County Family First Council to conduct a one day program for 9th grade students entitled, Truth & Consequences: The Choice is YOURS. Community partners who work in judicial and health fields volunteered to enact their roles in the simulation, and additional volunteers were used as “parents” to guide the students through the simulation.

Some guardians participated in this role and experienced the program with their child. Each student was given a scenario that related to substance abuse and/or poor decision making, and with their partnered “parent” they visited each booth to learn the consequences of poor decision making skills and drug/alcohol abuse. Students also visited with a volunteer speaker from a local program who had completed his required treatment. Finally students were given a debriefing, to help them work through their emotions.

NUTRITION EDUCATION

Prior to the COVID-19 pandemic according to 2019 data from the Feeding America website, one in seven Kentuckians were food insecure and those aged 50-59 had the highest rate of food insecurity in the nation. During the pandemic, demand on food banks significantly increased as families faced layoffs and cutbacks at work. In response, during the 2020-2021 program year, 78% of SNAP-Ed and EFNEP Nutrition Education Program (NEP) Assistants reported partnering with local food banks to share recipes, newsletters and other materials and resources in food boxes. One SNAP-Ed Assistant reported delivering 100 Emergency Food Assistance cookbooks, 1,250 healthy and easy recipes, 300 Seasoned newsletters and 200 Healthy at Home newsletters to a local food pantry. A recipient said, “I was so happy to see recipes in my food box. Sometimes it’s hard to think of ways to use some things you receive. These recipes will help me prepare healthier meals when feeding my family. Thank you.” By partnering with food banks, NEP was able to reach hundreds of families throughout Kentucky.



NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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