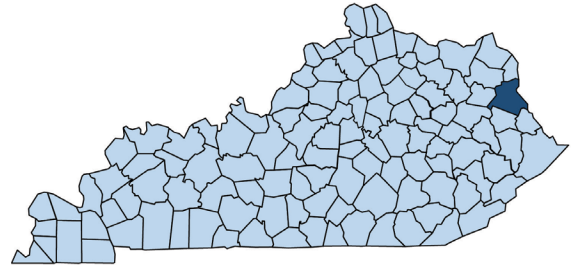


REPORT TO THE PEOPLE



Lawrence County 2021



DID YOU KNOW... We reached 72,559 people via Facebook with info on emergency preparedness during the 2021 ice storm.



Website: Lawrence.ca.uky.edu



Facebook: Lawrence County Cooperative Extension Service

For More Information, Please Contact us at:

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4-H Youth Development



Christopher and his friend Petunia.

32

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H agriculture programming.

32

Number of youth who participated in education related to family and consumer sciences (KOSA).

Agriculture and Natural Resources

A devastating ice storm hit Northeast KY in February 2021 & was followed by flooding. The ice storm left many without power or any amenities for several days & took out large areas of farm fencing when large trees and limbs either broke or were uprooted & fell on the fence. As local farmers were slowly beginning to get out from under that catastrophe the widespread flooding began. In response to these disasters the Boyd, Carter, Greenup, & Lawrence County ANR Agents organized a storm relief effort to benefit local farmers. Donations came from across Kentucky and also from Ohio and Pennsylvania. In addition to requesting hay & fencing supplies, agents also received \$9,700 in donations to purchase fencing supplies. Local farm stores provided a discount on fencing supplies. The farmers were very appreciative of this assistance for their farm operations. 58 farmers in Lawrence County participated in the flood relief program.

Lawrence Co children with disabilities are drastically underrepresented & there are not many inclusive events available for these students. The 4-H/ANR Program Assistant & our summer intern worked together to provide an opportunity for children with disabilities that would not normally get to attend a summer camp. We hosted a three-day day camp. For this program, we partnered with three Special Education teachers in Lawrence Co. schools as well as the Mountain Comprehensive Care Therapeutic Rehabilitation program. At the day camp children participated in a range of educational and hands-on activities & lessons. Activities included splatter painting, making homemade butter, pool noodle horses, inflatables, & a petting zoo. Topics for educational lessons included dairy cattle, equine, & hygiene. All children that attended the day camp got left camp with a hygiene basket that included shampoo, conditioner, deodorant, hand sanitizer, & more



Loading hay during relief efforts.

494

Number of people who gained knowledge in consumer and home horticulture including: native plants, disease and pests, composting, site analysis, and proper maintenance.

71

Number of people who collected soil samples for testing.

Family and Consumer Sciences



FCS Agent Alivia Faris shooting a video for the Virtual class.

165

Number of individuals who feel confident they can keep their diabetes under control or help the person they care for to keep their diabetes under control.

300

Number of hours KEHA members volunteered in community activities and events.

Nutrition Education

The COVID-19 pandemic caused a significant increase in the demand for emergency food boxes, as more families faced layoffs & cutbacks in Lawrence Co. Lawrence County's Expanded Food and Nutrition Education Program Senior Assistant partnered with community food banks & the Supplemental Nutrition Assistance Program Education Senior Assistant to provide nutrition information and healthy recipes to individuals & families receiving assistance from local food banks.

Individuals and families often receive foods from the pantries that they are unaware for how to prepare and/or store resulting in expired foods & food waste. Healthy Choices for Everybody Curriculum on the topics of how to store/prepare food was handed out with the goal of reducing this food waste. Recipes were paired with distributed foods and information with specific foods received from the food pantry. This was done to give families the tools needed to prepare nutritious meals

There is a lot of misinformation online about best practices for food preservation; safety when preserving food should be a priority & research based methods should always be used. The Lawrence County FCS Agent conducted a Virtual Food Preservation Workshop. Topics discussed throughout this program included safety & best practices. The class met weekly for a month.

20 individuals were reached directly through Programs on the Food Preservation Toolkit bags. Online, 3,154 individuals were indirectly reached, with a direct reach of 89 individuals. The data collected from surveys indicated that 61% of the participants identified as beginners in pressure canning & dehydrating foods for preservation. 40% were beginners in Water Bath canning and 17% noted that they were beginners in freezing. After the Virtual Workshop concluded data collected from the survey showed that 100% of the participants felt that they could preserve food.



KY Proud Plate It Up Recipe provided to Food Bank participants.

300

Number of individuals who reported they utilized delivery systems/access points (e.g. farmers' markets, CSAs, WIC, food pantries) that offer healthy foods.

160

Number of individuals who indicated that they purchased the fruits and vegetables featured on the Plate It Up! Kentucky Proud recipe card.

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



Facebook: @UKCooperativeExtension



Twitter: @UKExtension



YouTube: @UKAgriculture

... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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