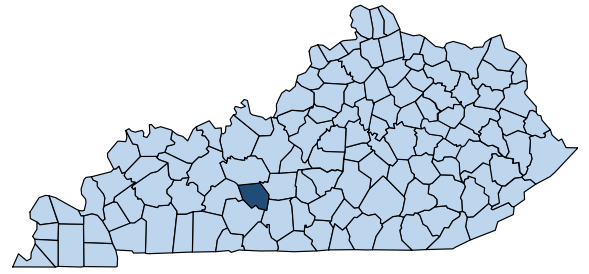


REPORT TO THE PEOPLE



Edmonson County 2021



DID YOU KNOW... Edmonson County distributed 1,265 Extension-on-the-Go educational kits to families in 2020.



Website: edmonson.ca.uky.edu



Facebook: [EdmonsonCountyExtension](https://www.facebook.com/EdmonsonCountyExtension)

For More Information, Please Contact us at:

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116 Mohawk St., Brownsville, KY 42210

4-H Youth Development



All about birds Extension-on-the-Go kits

100

Number of youth who participated in education related to family and consumer sciences

20

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H natural resource programming

Agriculture and Natural Resources

Small beef operations throughout Kentucky have always been challenged to be profitable on a consistent basis. Most take what they can get by selling only at livestock auctions. It takes little effort on the producers part, but generally does not lead to good profits. For the past three to four years, several members of the Edmonson County Cattlemen's Association have been exploring entering new markets for their beef cattle.

During the recent pandemic grocery shortages, this exploration turned into a factual reality for three of those producers. The Edmonson County ANR Agent had been supplying them with information, and when they approached him with their individual plans to look over, he helped three of them tweak their plans to make them better. Three producers now sell their beef direct to the consumer. One is selling processed freezer beef, the other two are selling on the hoof. Each of the three producers has seen profit increases

During 2020 the Edmonson County FCS Agent realized that many families in Edmonson County did not have adequate internet service to watch live or in some cases even recorded programs online. The FCS Agent began "Extension-on-the-Go." Educational projects, activities, crafts, and more were packaged up individually and left outside the Extension Office for families to pick up at their convenience. Kits were available for youth and their families covered a variety of 4-H areas.

Some of the kits were owl pellet discovery, embroidery, knitting, crocheting, leaf collection binders, family meal time, Zen garden kits, needle felting, & bird feeders 1,265 educational kits were picked up by Edmonson County families. Families were asked to fill out an online survey. Results showed 11% had never heard of extension before and 27% had heard of extension but had never utilized services or attended programs.



Beef cattle on pasture

15

Number for people who gained information on beef nutrition, animal health, genetics, reproduction, and/ or facilities and equipment

3

Number of people who applied marketing techniques for meat animals

Family and Consumer Sciences



Dried fruits and vegetables from a client's pantry.

25

Number of individuals who reported preparing more healthy home-cooked meals

15

Number of Food Preservation Workshop participants reporting an increase in food preservation skills

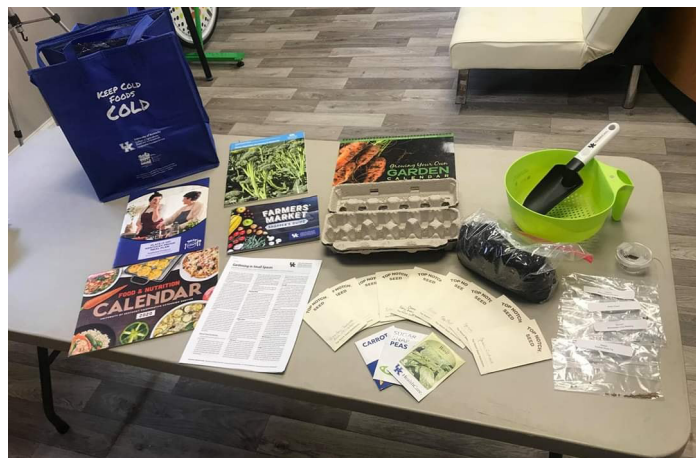
Nutrition Education

Many families found themselves faced with empty store shelves in 2020 and 2021. As a result many families had a new or renewed interest in home gardening. The Edmonson County Family and Consumer Sciences Agent and the Agriculture and Natural Resources Agent partnered together to create a home gardening kit for families in Edmonson County.

The kits contained 21 varieties of seed, seed starting trays, soil, SNAP publications on gardening, Plate it Up KY Proud Recipes, and the home gardening publication. Fifty Edmonson families received a gardening kit. An online survey indicated that families gained a better understanding of gardening basics. Verbal follow up surveys indicated that 45 families had planted seeds and harvested weekly from their garden. In turn 15 of these families began preserving their garden harvest.

Each year during the gardening season, Edmonson County residents reach out to the Edmonson County Cooperative Extension Service with questions about food preservation. During the 2020 gardening and canning season many families had a renewed interest in home food preservation. The FCS Agent taught classes via social media and utilized a new Facebook group for clients to ask food preservation questions.

In November/ December of 2020 the FCS Agent reached out to group members asked them to take part in the survey via Qualtrics. According to the data collected, 1389 pints of fruits, pickles, jams, jellies, sauces, relishes were canned. 1542 pints of vegetables, soups, meats, or other value added products were canned through pressure canning. 334 pints of fruits or vegetables were frozen and 454 pints of fruits or vegetables were dehydrated. All of the families reported preparing more healthy home-cooked meals.



Family Garden Grab Bags for Edmonson County residents

45

Number of families/caregivers who reported supplementing their diets with healthy foods that they grew or preserved (community or backyard gardens, fishing, hunting, farmers markets)

97

Number of individuals who indicated that they purchased the fruits and vegetables featured on the Plate It Up! Kentucky Proud recipe card

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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